



Dear Parent / Carer,

## **Our PSHE and RSE Programme**

We believe that promoting the health and wellbeing of our children is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum which takes place throughout the school year. PSHE covers many topics including relationships, physical & emotional health and living in the wider world. The aim of the curriculum is to help our children make safe and informed decisions in their school years and beyond.

Relationships and Sex Education (RSE) is an important part of the PSHE curriculum. The RSE lessons cover a range of topics across the key stages including keeping clean, communication skills, relationships and online friendships. During lessons children have the opportunity to ask questions, which teachers answer factually and in an age-appropriate manner. Children's privacy is respected and nobody is asked to reveal any personal information.

Most aspects of the RSE curriculum are compulsory and often crossover with the National Curriculum for Science. There is no option for parents to withdraw their children from these lessons as they cover statutory content as outlined by the Department for Education. There are two distinct lessons, one in Year 5 and one in Year 6, that parents do have the option to withdraw their child from. However, with the widespread presentation of sexual images in social media and elsewhere it is crucial that children have a safe space to discuss these issues, check facts and dispel myths.

We urge parents to think carefully before withdrawing their child from any part of the curriculum and instead ask that you take the opportunity to talk to your child about the issues being raised. There is detailed description of the content available on our website and the class teachers will offer the chance for parents to come into school, see the teaching materials and ask any questions they may have, prior to the RSE units being taught.

### [School Website PSHE & RSE](#)

We are confident that you share our enthusiasm for the successful implementation of the PSHE curriculum and will take the time to attend the information session if you have any further questions. Should you still wish to withdraw your child from the two lessons in RSE please write a letter, addressed to the headteacher and email it to the school office. Children withdrawn from these lessons will be given alternative work to complete in another classroom.

Yours sincerely,

Mrs S Yaseen

Headteacher